阿一埃縣 Wok Inn



MENU

11:00am-9:30pm

\$10 minimum charge for Eftpos & credit cards and 2% surcharge 刷卡最低消費\$10另外收2%服務費

Take away box \$0.30 each Fresh Chilli/ Chilli Paste \$0.50 each Prices subject to change without notice All prices are GST inclusive Public holidays surcharge \$2 per head This price starts from 2023 外賣飯盒每個 80.30 辣椒絲或辣椒醬每碟80.50 價格可能在沒有提示的情況下改變 所有價格含稅 公眾假期店內用餐每位加收82.00 本價格由2023開始執行







帕雷珍珠肉

PASPALEY PEARL MEAT

養陰 | 健脾 | 補肝 滋陰養顏 | 明目安神

難得一見的佳餚

來自澳大利亞北部的原始海域的珍珠肉是目前最稀有的 海鮮產品之一。

一顆半透明的珍珠肉,大小跟帶子相約,肉質結實,口 感鮮甜嫩滑。其味道會因不同的烹調方法而有所不同。

A Rare Delicacy

Sourced from the pristine waters off Northern Australia, Pearl Meat is one of the rarest seafood products currently available. A translucent, scallop-sized medallion, Pearl Meat is sweet and tender. The flavour varies significantly depending on the preparation.

西蘭花炒 珍珠肉 Stir Fried Pearl Meat with Broccoli \$48.00

油泡珍珠肉 CRYSTAL PEARL MEAT \$48.00



秘製鹹魚系列

我們直接從魚市場競投原條澳洲本地黃花魚, 用上等食鹽,自家秘製鹹魚。絕無添加劑, 大家吃得開心,吃得健康。



阿一秘製 鹹魚炒芥蘭 BBQ ONE Signature Salted Fish Stir Fry with Chinese Broccoli \$24.80





CHEF'S SPECIAL







黑松露鮑魚粒蛋白炒飯 Black Truffle Fried Rice with Abalone & Egg White	\$31.80
芋頭碌鴨 Braised Duck with Taro	\$31.80
黑松露滑蛋炒蝦仁 Black Truffle Fried Prawns with Scrambled Eggs	\$41.00
松子魚 Barramundi in Sweet & Sour Sauce	\$41.80
鮑汁蝦膠釀花菇 (另加5元可選燴瑤柱/生拆蟹肉) Stuffed Mushroom with Prawn Meat Paste in Abalone Sauce (Extra \$5 for the choice of Dried Scallop/ Crab Meat)	\$36.80
蝦醬通菜炒鮮魷 Stir Fried Water Spinach with Squid in Shrimp Paste	\$26.80
蝦 <mark>醬通菜炒牛肉</mark> Stir Fried Water Spinach with Beef in Shrimp Paste	\$22.80
三杯鷄 Stewed Chicken Pot with Special Sweet Soy Sauce	\$22.80
蜜椒鎮江骨 Braised Spare Ribs in Honey, Pepper & Vinegar Sauce	\$23.80
養生豆腐 Steamed Tofu with Spinach in Soy Sauce	\$19.80
阿一紅燒肉 BBQ One Signature Braised <mark>P</mark> ork Belly	\$22.80
金蒜粉絲蝦球 Baked Prawns with Vermicelli and Garlic	\$25.80
客家梅菜王扣肉 Braised Pork with Preserved Vegetable	\$26.80

胡椒豬肚煲 Pork Stomach with Pepper Soup Hot Pot	\$23.80
招牌沉香走地雞 (半隻) BBQ One Agarwood Free Range Chicken (Half)	\$26.80
脆棠豆腐 (可以選瑶柱/海鮮/雜菇) Fried Crispy Tofu (Choose Of Dried Scallop/Seafood/Mixed Mushroom)	\$26.80
鹽焗手撕走地雞 (半隻) Salt Baked Shredded Free Range Chicken (Half)	\$26.80
海參扒北菇 Braised Sea Cucumber with Mushroom	\$32.80
XO炒牛爽肉 Stir Fried OX Tongue in XO Sauce	\$22.80
潮州蝦棗 Deep Fried Prawn Meat Ball Chiu Chow Style	\$26.80
日式芥末牛柳粒 Stir-Fried Beef Tenderloin With Wasabi	\$26.80
XO肉鬆炒鴛鴦米 XO Sauce Fried Rice Noodles with Minced Pork	\$20.80
秘製鹹魚蒸豬肉 Steamed Pork with Salted Fish	\$23.80
XO醬炒花蜆 Stir Fried Clams in XO Sauce	\$24.50
乾燒伊麵 Braised E-Fu Noodles with Mushroom	\$17.00





明/爐/堯·未 BBQ DISHES	•	蒜子荷豆 Stir Fried Snow Peas in Garlic Sauce	\$19.00	腰果蝦球 King Prawns With Cashew Nuts	\$27.50	燴飯、炒飯	
紅燒乳鴿 Deep Fried Pigeon	\$44.80	椒絲腐乳生菜 Lettuce with Fermented		椒鹽蝦球 Deep Fried King Prawn In Peppered Salt	\$27.50	RICE + FRIED RICE 火腩豆腐飯	
豉油王乳鴿 Soy Sauce Pigeon	\$42.80	Bean Curd and Chilli 清炒西蘭花	\$18.00	蝦仁炒蛋 King Prawns with Scrambled Egg	\$27.50	Roasted Pork & Tofu with Rice 時菜海鮮飯	\$14.50
脆皮燒鴨		Stir Fried Broccoli 豆豉鯪魚油麥菜	\$19.00	蒜子蝦球 King Proving in Carlie Source	\$27.50	Combination Seafood & Vegetable with Rice	\$17.00
Crispy Roast Duck(half) 潮州鹵水鴨	\$24.00	Stir Fry Chinese Stem Lettuce with Black Bean Dace Fish	\$25.80	King Prawns in Garlic Sauce 川椒蝦球	The state of the s	川椒蝦球飯 King Prawn in Chill Sauce with Rice	\$17.00
Steamed Duck Chiu Chow Style (half) 脆皮燒肉	\$24.00	蒜子炒油麥菜 Stir Fry Chinese Stem Lettuce with Garlic	\$21.80	King Prawns in Chilli Sauce 椒鹽鮮魷	\$27.50	滑蛋蝦球飯 Scrambled Egg and King Prawn with Rice	\$17.00
Crispy Skin Roast Pork 蜜汁叉燒	\$24.50	金銀蛋菠菜	\$25.80	Deep Fried Calamari in Peppered Salt 西蘭花炒鮮魷	\$25.50	時菜什會飯 Combination and Vegetable with Rice	\$16.00
BBQ Tenderloin Pork	\$24.50	Spinach with Salted and Preserved Eggs 蒜子炒菠菜	\$21.80	Stir Fried Calamari with Broccoli 椒鹽豆腐角	\$25.50	菜遠牛肉/雞球飯 Beef/ Chicken and Vegetable with Rice	\$14.50
燒味雙拼 Double Varieties BBQ	\$29.00	Stir Fry Spinach with Garlic 椒絲腐乳通菜	\$20.00	Deep Fried Tofu in Peppered Salt	\$20.00	咖喱雞飯 Curry Chicken with Rice	\$15.00
燒味三拼 Triple Varieties BBQ	\$33.00	Water Spinach with Fermented Bean Curd and Chilli		紅燒豆腐 Braised Tofu	\$20.00	川椒雞飯 Chicken in Chilli Sauce with Rice	\$14.50
涼拌海蜇皮 Jellyfish Salad	\$18.00	上湯菠菜 Spinach in Broth	\$23.80	鼓汁涼瓜炒斑片 Stir Fried Cod Fillet with Bitter Melon in Black Bean Sauce	\$27.50	蕃茄牛肉飯 Beef & Fresh Tomato with Rice	\$14.50
小菜 o 土		蝦醬通菜 Stir Fried Water Spinach In Shrimp Paste	\$22.00	薑蔥斑片		窩蛋免治牛肉飯 Minced Beef with Egg with Rice	\$14.50
火堯 O未 食反 BBQ RICE		⇔ ∠ôπ • #		Stir Fried Cod Fillet with Ginger & Shallot 椒鹽斑片	\$27.50	豉椒牛肉飯 Beef in Black Bean Sauce with Rice	\$14.50
燒肉飯 Roast Pork with Rice	\$14.50	家鄉小菜 TRADITIONAL	DISHES	Deep Fried Cod Fillet in Peppered Salt 栗米斑片	\$27.50	川椒牛肉飯 Beef in Chilli Sauce with Rice	\$14.50
燒鴨飯 Roast Duck with Rice	\$14.50	檸檬煎軟雞 Lemon Chicken	\$22.00	Deep Fried Cod Filet in Sweet Corn Sauce	\$27.50	柱 侯牛腩飯 Braised Beef Brisket with Rice	\$14.50
潮州鹵水鴨飯 Chiu Chow Style Steamed Duck with Rice	\$14.50	豉汁雞球 Chicken in Black Bean Sauce	\$22.00	西蘭花炒帶子 Stir Fried Scallops with Broccoli	\$29.00	咖哩牛腩飯 Curry Beef Brisket with Rice	\$15.00
上 湯貴妃雞飯 Steamed Chicken with Rice	\$13.00	蜜糖雞 Honey Chicken	\$22.00	煲1子類 HOTPOT		京 広牛肉/排骨飯 Beef/Spare Ribs and Bitter Melon with Rice	\$14.50
油雞飯 Soy Sauce Chicken with Rice	\$13.00	蒜子炒雞球 Chicken in Garlic Sauce	\$22.00	支竹涼瓜斑片煲 Cod Fillet, Bitter Melon with Fried	\$28.50	粟米肉粒/雞粒飯 Pork/ Chicken in Cream Corn with Rice	\$14.50
鹽 焗雞飯 Salted Baked Chicken with Rice	\$13.00	川椒雞球 Chicken in Chilli Sauce	\$22.00	Bean Curd Sheets Hot Pot		粟米斑片飯 Cod Fillet in Cream Corn with Rice	\$17.00
叉燒飯 BBQ Pork with Rice	\$13.00	芥蘭炒牛肉 Pan Fried Beef with Chinese Broccoli	\$22.00	羊腩煲 Lamb Casserole with Fried Bean Curd Sheets	\$34.50	荷豆鴨絲飯 Shredded Duck and Snow Peas with Rice	\$16.00
燒味雙拼飯		蠔油薑蔥牛肉 Beef with Oyster Sauce & Shallot	\$22.00	鹹魚雞粉豆腐煲		荷豆斑片飯	
Double Varieties BBQ with Rice 燒味三拼飯	\$15.50	涼瓜炒牛肉 Beef with Bitter Melon	\$22.00	Chicken, Tofu, Salted Fish Hot Pot 海鮮豆腐煲	\$22.00	Cod Fillet and Snow Peas with Rice 菜遠斑片飯	\$17.00
Triple Varieties BBQ with Rice	\$17.00	川椒牛肉		Seafood with Tofu Hot Pot 什會豆腐煲	\$26.50	Cod Fillet and Vegetable with Rice 斑片豆腐飯	\$17.00
什菜类真 VEGETABLE		Beef in Chilli Sauce 西蘭花炒腰果牛柳粒	\$22.00	Combination Tofu Hot Pot 粉絲蝦碌煲	\$23.00	Cod Fillet and Tofu with Rice 菠蘿咕嚕肉飯	\$17.00
乾燒四季豆 Pan Fried Green Beans with Minced Pork	\$19.00	Diced Beef & Cashew Nuts Fried With Broccoli	\$27.50	King Prawns & Vermicelli Hot Pot	\$27.50	Sweet & Sour Pork with Rice 滑蛋雞/牛/叉飯	\$14.50
薑汁炒芥蘭 Chinese Broccoli in Ginger Sauce	\$18.00	蒙古牛肉 Mongolian Beef	\$22.50	咖喱雞煲 Curry Chicken Hot Pot	\$23.50	Scrambled Egg and Chicken/ Beef /BBQ Pork with Rice	\$14.50
蒜子小棠菜		酸甜咕噜肉 Sweet & Sour Pork	\$22.50	沙茶粉絲牛肉煲 Satay Beef with Vermicelli Hot Pot	\$23.50	揚州炒飯 Fried Rice	\$14.50
Baby Bok Choy in Garlic Sauce 清炒菜心	\$18.00	京都骨 Spare Ribs In Peking Style	\$22.50	柱 侯牛腩煲 Braised Beef Brisket Hot Pot	\$22.50	生炒牛/雞肉飯 Minced Beef/Chicken Fried Rice	\$14.50
Stir Fried Choy Sum 豉汁炒涼瓜	\$18.00	椒鹽焗肉排 Deep Fried Ribs In Peppered Salt	\$22.50	咖喱牛腩煲 Curry Beef Brisket Hot Pot	\$23.50	鹹魚雞粒炒飯 Chicken & Salted Fish Fried Rice	\$16.00
Bitter Melon in Black Bean Sauce 炒什菜	\$18.00	時菜炒什會 Stir Fried Combination With Vegetables	\$22.50	涼瓜排骨煲 Spare Ribs with Bitter Melon Hot Pot	\$23.50	菠蘿雞粒炒飯 Chicken with Pineapple Fried Rice	\$16.00
Stir Fried Mixed Vegetables	\$18.00	時菜炒海鮮		火腩豆腐煲 Roast Pork with Tofu Hot Pot	\$22.50	福建炒飯	
北菇扒時蔬 Chinese Mushroom and Vegetables	\$21.50	Seafood Fried With Vegetables 荷豆炒蝦球	\$27.50	北菇滑雞煲	AND THE RESERVE	Hokkien Fried Rice 生炒糯米飯	\$18.00
北菇絲肉絲炒芽菜 Shredded Mushroom & Pork with Roan Sprouts	\$20.50	Stir Fried King Prawns With Snow Peas 蜜糖蝦球	\$27.50	Tender Chicken with Mushroom Hot Pot 羅漢齋煲	\$23.50	Fried Glutinous Rice 特別炒飯	\$18.50
with Bean Sprouts 清炒荷豆		Honey King Prawns 瑤柱蒸水蛋	\$27.50	Stir Fried Mixed Vegetable Hot Pot 魚香茄子煲	\$22.50	Special Fried Rice 白飯	\$16.00
Stir Fried Snow Peas	\$19.00	Steamed Eggs with Dried Scallops	\$22.80	Eggplants With Minced Pork Hot Pot	\$21.50	Steamed Rice (per bowl)	\$3.50



Special Set Menu (2-3 People)

沉香走地雞半隻 BBQ ONE Agarwood Free Range Chicken (Half)

> 日式芥末牛柳粒 Stir-Fried Beef Tenderloin with Wasabi

XO炒花蜆 Stir-Fried Clams with XO sauce

椒絲腐乳通菜 (或時菜) Stir-fried Water Spinach with Fermented Bean Curd and Chilli (Or Seasonal Vegetables)

> 送白飯 With Steamed Rice

優惠價 \$98.00





燒味雙拼

Two Varieties BBQ

蠔油薑蔥牛肉(川椒牛肉)

Beef with Oyster Sauce & Shallot (Beef in Chilli Sauce)

什會豆腐煲

Combination Tofu Hot Pot

三人白飯

Steamed Rice for Three



燒味雙拼

Two Varieties BBQ

豉汁雞球(川椒雞球)

Chicken in Black Bean Sauce (Chicken in Chilli Sauce)

火腩豆腐煲

Roast Pork & Tofu Hot Pot

三人白飯

Steamed Rice for Three



燒味雙拼 Two Varieties BBQ

西蘭花炒鮮魷

Stir Fried Calamari with Broccoli

柱侯牛腩煲

Braised Beef Brisket Hot Pot

三人白飯

Steamed Rice for Three





燒味雙拼

Two Varieties BBQ

芥蘭炒牛肉

Stir Fried Beef with Chinese Broccoli

Curry Chicken Hot Pot

三人白飯 Steamed Rice for Three







燒味三拼 Three Varieties BBQ

椒鹽焗肉排

Deep Fried Ribs in Peppered Salt

海鮮豆腐煲

Seafood with Tofu Hot Pot

蒜子小棠菜

Stir Fried Baby Bok Choy in Garlic Sauce

四人白飯

Steamed Rice for Four



燒味三拼 Three Varieties BBQ

Deep Fried Cod Fillet in Sweet Corn Sauce

沙茶粉絲牛肉煲

Satay Beef with Vermicelli Hot Pot

薑汁炒芥蘭 Chinese Broccoli in Ginger Sauce

Steamed Rice for Four

燒味三拼 Three Varieties BBQ

Spare Ribs in Peking Sauce

粉絲蝦碌煲

King Prawns & Vermicelli Hot Pot

乾燒四季豆

Pan Fried Green Beans with Minced Pork

Steamed Rice for Four



燒味三拼

Three Varieties BBQ

西蘭花炒腰果牛柳粒

Fried Diced Beef & Cashew Nuts with Broccoli

Tender Chicken with Mushroom Hot Pot

乾燒四季豆

Pan Fried Green Beans with Minced Pork

四人白飯

Steamed Rice for Four







鮑魚花膠燉雞 Stew Chicken Soup with Abalone and Fish Maw	\$20.80
花旗參燉竹絲雞 Stew Silkie Chicken Soup with American Ginseng	\$17.80
沙參玉竹燉雞 Stew Chicken Soup with Glehnia Root and Yuzhu	\$15.80
太子參麥冬燉瘦肉 Stew Pork Soup with Prince Ginseng and Maidong	\$15.80
蓮子百合無花果燉瘦肉 Stew Pork Soup with Lotus Seed, Lily Bulb and Fig	\$15.80
天麻燉豬腦 Stew Pig Brain Soup with Tianma	\$17.00
陳皮綠豆燉乳鴿 Stew Pigeon Soup with Mung Bean and Dried Tangerine Peel	\$17.00
冰糖燉木瓜(甜) Stew Papaya Sweet Soup	\$12.80
鮮奶紅棗燉桃膠(甜) Stew Peach Gum Sweet Soup with Red Date and Milk	\$12.80







認真好食

食過返尋味

阿一燒臘









175 Rowe St, Eastwood NSW 2122 (02) 9874 0630