

燒味飯

紅燒乳鴿飯	Deep Fried Pigeon with Rice.....	34.00
豉油王乳鴿飯	Soya Sauce Pigeon with Rice	32.00
化皮乳豬飯	Crispy Skin Suckling Pig with Rice.....	17.50
乳豬雙拼飯	Suckling Pig + One BBQ with Rice.....	18.50
乳豬三拼飯	Suckling Pig + Two BBQ with Rice.....	19.50
燒肉飯	Roast Pork with Rice	13.00
燒鴨飯	Roast Duck with Rice	13.00
琵琶鴨飯	Pei Pa Roast Duck with Rice.....	13.00
潮州鹵水鴨飯	Steamed Duck Chiu Chow with Rice....	13.00
上湯貴妃雞飯	Steamed Chicken with Rice.....	11.50
油雞飯	Soya Sauce Chicken with Rice.....	11.50
鹽焗雞飯	Salted Baked Chicken with Rice.....	11.50
叉燒飯	BBQ Pork with Rice	11.50
燒骨飯	BBQ Pork Ribs with Rice.....	11.50
燒味雙拼飯	Double Varieties BBQ with Rice	14.00
燒味三拼飯	Triple Varieties BBQ with Rice.....	15.50
鹵墨魚飯	Cuttlefish with Rice.....	12.50
鹵味飯	Braised Pig ears, Intestine & Stomach with Rice	12.00

特別要求雞、鴨牌加收一元
Special Request Chicken/Duck Drumstick. Surcharge \$1.00 per/dish

燴飯、炒飯 RICE + FRIED RICE

麻婆豆腐飯	Grandma Bean Curd & Rice.....	13.00
火腩豆腐飯	Roast Pork with Bean Curd & Rice.....	13.00
時菜海鮮飯	Seafood Combination & Rice	15.50
川椒蝦球飯	King Prawn in Chilli Sauce & Rice.....	15.50
滑蛋蝦球飯	Scramble Egg with King Prawn & Rice.	15.50
時菜什會飯	Combination with Vegetable & Rice	14.50
菜遠牛肉/雞球飯	Beef/Chicken with Vegetable & Rice	13.00
咖喱雞飯	Curry Chicken & Rice	13.50
川椒雞飯	Chicken in Chilli Sauce & Rice	13.00
蕃茄牛肉飯	Beef with Fresh Tomato & Rice	13.00
窩蛋免治牛肉飯	Minced Beef with Egg & Rice	13.00
豉椒牛肉飯	Beef in Black Bean Sauce & Rice	13.00
川椒牛肉飯	Beef in Chilli Sauce & Rice.....	13.00
柱候牛腩飯	Braised Beef Brisket & Rice	13.00
咖喱牛腩飯	Curry Beef Brisket & Rice.....	13.50
涼瓜牛肉/排骨飯	Beef/Spare Ribs with Bitter Melon & Rice .	13.00
粟米肉粒/雞粒飯	Pork/ Chicken with Cream Corn & Rice	13.00
荷豆鴨絲飯	Shredded Duck with Snow Peas & Rice	14.50
粟米班片飯	Cod Fillet with Cream Corn & Rice.....	15.50
荷豆班片飯	Cod Fillet with Snow Peas & Rice	15.50
菜遠班片飯	Cod Fillet with Vegetable & Rice	15.50
班片豆腐飯	Cod Fillet with Bean Curd & Rice	15.50

滑蛋雞/牛/叉飯

菠蘿咕嚕肉飯	Scramble Egg with Chicken/Beef/BBQ Pork & Rice..	13.00
揚州炒飯	Sweet & Sour Pork with Rice.....	13.00
生炒牛/雞肉飯	Fried Rice	13.00
咸魚雞粒炒飯	Minced Beef/Chicken Fried Rice	13.00
菠蘿雞粒炒飯	Chicken & Salted Fish Fried Rice.....	14.50
特別炒飯	Chicken with Pineapple Fried Rice.....	14.50
福建炒飯	Special Fried Rice	14.50
生炒糯米飯	Hokkin Fried Rice	16.50
白飯	Fried Glutinous Rice	17.00
	Steamed Rice	(per bowl) 2.00

湯麵類

淨麵
魚蛋麵
牛丸麵
雙丸麵
鮮蝦雲吞
上湯水餃
鮮蝦雲吞麵
上湯水餃麵
燒鴨雲吞(麵)

油雞雲吞(麵)

叉燒雲吞(麵)

水餃牛腩麵

雲吞牛腩麵

柱候牛腩麵
香茜牛鬆湯米
雪菜火鴨絲湯米

雪菜肉絲湯米

海鮮湯麵
南乳豬手麵
叉燒湯麵
燒鴨湯麵
脆皮燒肉湯麵
燒味雙拼湯麵
燒味三拼湯麵
什會湯河
什菜湯河

Scramble Egg with Chicken/Beef/BBQ Pork & Rice..	13.00
Sweet & Sour Pork with Rice.....	13.00
Fried Rice	13.00
Minced Beef/Chicken Fried Rice	13.00
Chicken & Salted Fish Fried Rice.....	14.50
Chicken with Pineapple Fried Rice.....	14.50
Special Fried Rice	14.50
Hokkin Fried Rice	16.50
Fried Glutinous Rice	17.00
Steamed Rice	(per bowl) 2.00

SOUP NOODLE

(河粉、瀨粉、米粉同價)	
Noodle in Soup	7.50
Fish Balls Noodle in Soup	11.50
Beef Balls Noodle in Soup.....	11.50
Fish & Beef Balls Noodle in Soup.....	11.50
Won Ton Soup	13.00
Gow Gee Soup	13.00
Won Ton Noodle in Soup	12.00
Gow Gee Noodle in Soup	12.00
Roast Duck with Won Ton (Noodle) in Soup.....	17.50 (16.50)
Soya Sauce Chicken with Won Ton (Noodle) in Soup.....	17.50 (16.50)
BBQ Pork with Won Ton (Noodle) in Soup.....	17.50 (16.50)
Gow Gee with Braised Beef Brisket Noodle in Soup	16.50
Won Ton with Braised Beef Brisket Noodle in Soup	16.50
Braised Beef Brisket Noodle in Soup ...	13.50
Minced Beef & Coriander Rice Noodle in Soup	13.00
Shredded Duck & Salted Vegie Rice Noodle in Soup.....	13.00
Shredded Pork & Salted Vegie Rice Noodle in Soup.....	13.00
Seafood Noodle in Soup.....	16.00
Pork Hock Noodle in Soup	13.50
BBQ Pork Noodle in Soup	13.00
Roast Duck Noodle in Soup	14.50
Crispy Skin Roast Pork Noodle in Soup...	14.50
Double Varieties BBQ with Noodle in Soup	15.50
Triple Varieties BBQ with Noodle in Soup	17.00
Combination Rice Noodle in Soup.....	15.50
Mixed Vegetables Rice Noodle in Soup	13.50

撈麵類

薑蔥撈麵
蠔油撈麵
金牌炸醬撈麵
牛腩撈麵
雲吞撈麵
豬手撈麵
燒鴨撈麵
脆皮燒肉撈麵
燒味雙拼撈麵
燒味三拼撈麵
其他燒味撈麵
雲吞燒味撈麵
燒鴨牛腩撈麵
叉燒牛腩撈麵

喇沙

雞球喇沙
牛肉喇沙
什會喇沙
海鮮喇沙
蝦球喇沙
叉燒喇沙
燒鴨喇沙
油雞喇沙
什菜喇沙
燒鴨雲吞喇沙
叉燒雲吞喇沙

炒粉麵類

海鮮炒麵（河）
蝦球炒麵
什會炒麵（河）
干炒牛河
豉椒牛河
星洲炒米
炒貴刁
羅漢齋炒麵
雪菜鴨/肉絲炒麵
雪菜鴨/肉絲炆米
三絲炒瀨粉
肉絲炒麵
豉油王炒麵（河）
滑蛋牛肉炒河
滑蛋蝦仁炒河
黑椒牛肉炒河
雞球炒麵
XO醬鴨絲炒烏冬

STIR NOODLE

Shallot with Stir Noodle	11.50
Stir Noodle in Oyster Sauce	11.50
Pork & Bean Paste Stir Noodle	12.50
Braised Beef Brisket Stir Noodle	14.00
Won Ton with Stir Noodle	13.00
Pork Hock with Stir Noodle.....	14.00
Roast Duck with Stir Noodle.....	15.00
Crispy Skin Roast Pork with Stir Noodle ..	15.00
Double Varieties BBQ with Stir Noodle.	16.00
Triple Varieties BBQ with Stir Noodle ...	17.50
BBQ with Stir Noodle.....	14.00
Won Ton + BBQ with Stir Noodle.....	17.50
Roast Duck & Braised Beef Brisket Stir Noodle ..	18.50
BBQ Pork & Braised Beef Brisket Sir Noodle .	18.50

LAKSA

Chicken Laksa	13.00
Beef Laksa.....	13.00
Combination Laksa.....	17.00
Seafood Laksa.....	18.00
King Prawn Laksa.....	18.00
BBQ Pork Laksa	15.00
Roast Duck Laksa	16.00
Soya Sauce Chicken Laksa.....	15.00
Mixed Vegetables Laksa.....	14.00
Roast Duck + Won Ton Laksa	19.50
BBQ Pork + Won Ton Laksa.....	19.50

FRIED NOODLE

Seafood Combination Fried Noodle/Rice Noodle	17.50
Prawn Fried Noodle	17.50
Combination Fried Noodle/Rice Noodle...	16.50
Beef Fried Rice Noodle	13.50
Fried Rice Noodle with Beef in Black Bean Sauce ..	13.50
Singapore Fried Noodle	13.50
Fried Rice Noodle in Singapore Style.....	13.50
Vegetarian Fried Noodle	14.50
Shredded Duck/Pork Salted Vegie Fried Noodle..	14.50
Shredded Duck/Pork Salted Vegie Rice Noodle..	14.50
Shredded Pork & BBQ Pork Fried Rice Noodle	13.50
Shredded Pork Fried Noodle.....	13.50
Fried Noodle/Rice Noodle in Soya Sauce	12.00
Fried Noodle with Beef & Scramble Egg..	13.50
Fried Noodle with King Prawn & Scramble Egg ..	17.50
Fried Rice Noodle with Beef in Black Pepper Sauce	13.50
Chicken Fried Noodle.....	13.50
Shredded Duck Fried undo in XO Sauce.....	15.50

家鄉小菜

檸檬煎軟雞
沙爹雞球
豉汁雞球
腰果炒雞球
蜜糖雞
蒜子炒雞球
川椒雞球
沙爹牛肉
芥蘭炒牛肉
蠔油薑蔥牛肉
涼瓜炒牛肉
滑蛋牛肉
川椒牛肉
西蘭花炒腰果牛柳粒
蒙古牛肉
酸甜咕嚕肉
京都骨
時菜炒肉絲
椒鹽焗肉排
時菜炒什會
時菜炒海鮮
沙爹海鮮
沙爹蝦球
時菜炒蝦球
荷豆炒蝦球
蜜糖蝦球
椒鹽蝦球
蝦仁炒蛋
蒜子蝦球
川椒蝦球
腰果蝦球
椒鹽鮮魷
西蘭花鮮魷
椒鹽豆腐角
紅燒豆腐
豉汁涼瓜炒班片

薑蔥班片
椒鹽班片
粟米班片
西蘭花炒帶子
荷豆炒鴨絲

TRADITIONAL DISHES

Lemon Chicken	18.00
Satay Chicken	18.00
Chicken in Black Bean Sauce	18.00
Chicken with Cashew Nuts.....	19.50
Honey Chicken	18.00
Chicken in Garlic Sauce	18.00
Chicken in Chilli Sauce.....	18.00
Satay Beef.....	18.00
Pan Fried Beef with Chinese Broccoli ..	18.00
Beef with Oyster Sauce & Shallot.....	18.00
Beef with Bitter Melon.....	18.00
Beef with Scramble Egg	18.00
Beef in Chilli Sauce	18.00
Diced Beef & Cashew Nuts Fried with Broccoli	22.50
Mongolian Beef.....	18.50
Sweet & Sour Pork	18.50
Spare Ribs in Peking Style	18.50
Pan Fried Shredded Pork with Vegetables..	18.50
Deep Fried Ribs in Peppered Salt	18.50
Stir Fried Combination with Vegetables...	18.50
Seafood Fried with Vegetables.....	22.50
Satay Seafood.....	22.50
Satay King Prawns	22.50
King Prawns with Vegetables	22.50
Pan Fried King Prawn with Snow Peas ...	22.50
Honey King Prawns	22.50
Deep Fried King Prawn in Peppered Salt...	22.50
King Prawn with Scramble Egg	22.50
King Prawn in Garlic Sauce.....	22.50
King Prawn in Chilli Sauce	22.50
King Prawns with Cashew Nuts.....	22.50
Deep Fried Calamari in Peppered Salt.	20.50
Stir Fried Calamari with Broccoli	20.50
Deep Fried Bean Curd in Peppered Salt...	16.00
Braised Bean Curd	16.00
Stir Fried Cod Fillet with Bitter Melon in Black Bean Sauce	22.50
Stir Fried Cod Fillet with Ginger & Shallot ..	22.50
Deep Fried Cod Fillet in Peppered Salt.....	22.50
Deep Fried Cod Fillet in Sweet Corn Sauce	22.50
Stir Fried Scallops with Broccoli	24.00
Stir Fried Shredded Duck with Snow Peas..	20.00

煲仔類

- 羊腩煲
- 咸魚雞粒豆腐煲
- 海鮮豆腐煲
- 斑片豆腐煲
- 什會豆腐煲
- 粉絲蝦碌煲
- 南乳豬手煲
- 咖喱雞煲
- 沙茶粉絲牛肉煲
- 咖喱牛腩煲
- 柱候牛腩煲
- 涼瓜排骨煲
- 麻婆豆腐煲
- 火腩豆腐煲
- 北菇滑雞煲
- 羅漢齋煲

什菜類

- 干燒四季豆
- 薑汁炒芥蘭
- 蒜子小棠菜
- 清炒菜心
- 豉汁炒涼瓜
- 炒什菜
- 北菇扒時蔬
- 北菇絲肉絲炒芽菜
- 清炒荷豆
- 蒜子荷豆
- 椒絲腐乳生菜
- 清炒西蘭花
- 蠔油芥蘭
- 蠔油菜心
- 蠔油生菜

HOT POT

- Lamb Casserole with Bean Curd Sheets. 29.50
- Chicken, Bean Curd, Salted Fish Hot Pot.. 18.00
- Seafood with Bean Curd Hot Pot..... 22.50
- Cod Fillet with Bean Curd Hot Pot..... 22.50
- Combination Bean Curd Hot Pot..... 19.00
- King Prawns & Vermicelli Hot Pot..... 22.50
- Pork Hock Hot Pot..... 18.50
- Curry Chicken Hot Pot..... 19.50
- Satay Beef with Vermicelli Hot Pot..... 19.50
- Curry Beef Brisket Hot Pot 19.50
- Braised Beef Brisket Hot Pot..... 18.50
- Spare Ribs, Bitter Melon Hot Pot..... 19.50
- Grandma Bean Curd Hot Pot 17.00
- Roast Pork & Bean Curd Hot Pot 18.50
- Tender Chicken with Mushroom Hot Pot..19.50
- Stir Fried Mixed Vegetable Hot Pot 18.50

VEGETABLE

- Pan Fried String Beans with Minced Pork..15.00
- Chinese Broccoli in Ginger Sauce..... 14.00
- Baby Pak Choy in Garlic Sauce 14.00
- Stir Fried Choy Sum 14.00
- Bitter Melon in Black Bean Sauce 14.00
- Combination Vegetable 14.00
- Chinese Mushroom and Vegetable 17.50
- Shredded Mushroom & Pork with Beanshoots..... 16.50
- Stir Fried Snow Peas..... 15.00
- Stir Fried Snow Peas in Garlic Sauce .. 15.00
- Lettuce with Fermented Bean Curd and Chilli . 14.00
- Stir Fried Broccoli 15.00
- Steamed Chinese Broccoli in Oyster Sauce (S)7.00 (L)9.00
- Steamed Choy Sum in Oyster Sauce(S)7.00 (L)9.00
- Steamed Lettuce in Oyster Sauce(S)7.00 (L)9.00

二至三人套餐

Set Menu (2-3 People) \$ 45.80

A for 2-3

- 燒味雙拼
- 蠔油薑蔥牛肉
- (川椒牛肉)
- 什會豆腐煲
- 三人白飯
- Two Varieties BBQ
- Beef with Oyster Sauce & Shallot (Beef in Chilli Sauce)
- Combination Bean Curd Hot Pot
- Steamed Rice for Three

B for 2-3

- 燒味雙拼
- 豉汁雞球
- (川椒雞球)
- 火腩豆腐煲
- 三人白飯
- Two Varieties BBQ
- Chicken in Black Bean Sauce (Chicken in Chilli Sauce)
- Roast Pork & Bean Curd Hot Pot
- Steamed Rice for Three

C for 2-3

- 燒味雙拼
- 西蘭花炒鮮魷
- 柱候牛腩煲
- 三人白飯
- Two Varieties BBQ
- Stir Fried Calamari with Broccoli
- Braised Beef Brisket Hot Pot
- Steamed Rice for Three

D for 2-3

- 燒味雙拼
- 芥蘭炒牛肉
- 咖喱雞煲
- 三人白飯
- Two Varieties BBQ
- Pan Fried Beef with Chinese Broccoli
- Curry Chicken Hot Pot
- Steamed Rice for Three

Prices subject to change without notice.

四人套餐

Set Menu (4 People) \$ 73.80

A for 4

- 燒味三拼
- 椒鹽焗肉排
- 海鮮豆腐煲
- 蒜子小棠菜
- 四人白飯
- Three Varieties BBQ
- Deep Fried Ribs in Peppered Salt
- Seafood with Bean Curd Hot Pot
- Stir Fried Baby Bok Choy in Garlic Sauce
- Steamed Rice for Four

B for 4

- 燒味三拼
- 粟米斑片
- 沙茶粉絲牛肉煲
- 薑汁炒芥蘭
- 四人白飯
- Three Varieties BBQ
- Deep Fried Cod Fillet in Sweet Corn Sauce
- Satay Beef with Vermicelli Hot Pot
- Chinese Broccoli in Ginger Sauce
- Steamed Rice for Four

C for 4

- 燒味三拼
- 京都骨
- 粉絲蝦碌煲
- 干燒四季豆
- 四人白飯
- Three Varieties BBQ
- Spare Ribs in Peking Sauce
- King Prawns & Vermicelli Hot Pot
- Pan Fried String Beans with Minced Pork
- Steamed Rice for Four

D for 4

- 燒味三拼
- 西蘭花炒腰果
- 牛柳粒
- 北菇滑雞煲
- 干燒四季豆
- 四人白飯
- Three Varieties BBQ
- Diced Beef & Cashew Nuts Fried with Broccoli
- Tender Chicken with Mushroom Hot Pot
- Pan Fried String Beans with Minced Pork
- Steamed Rice for Four

明爐燒烤 大小金豬
京都滷味 經濟小菜
全日飯面 價錢實惠
批發零售 歡迎外賣

Ph: (02) 9874 5332

181 Rowe St. Eastwood NSW 2122

Dine in or Take Away

OPEN 7 DAYS

Mon - Sun 10:30am - 9:00pm
GST Inclusive

\$30 minimum charge
for EFTPOS & Credit Cards
and 2% surcharge

Sorry, we do Not Accept
American Express

刷卡最低消費\$30
另外收2%服務費
恕不接受美國運通卡



Please request any dishes
not on the menu

bbq one 阿一燒臘